

# N. C. JINDAL PUBLIC SCHOOL PUNJABI BAGH, NEW DELHI ANNUAL CURRICULUM

Class :XII	Subject : HOME SCIEN	Subject Teacher (Prepared by):BHARTI PUSHKARNA		Designation: PGT		
Preferred Text Book / Material	Chapter's Name	Chapter Topic / Sub Topic	Term	Start Date	End Date	No.of Periods
HOME SCIENCE BY LAKSHMI	ADOLESCENCE	GROWTH AND DEVELOPMENT-DOMAINS AND	FIRST	2.4.2018	7.4.2018	8
		PRINCIPLES,ADOL.MEANING,CHARACTERISTICS AND				
		NEEDS				
		INFLUENCES ON IDENTITY FORMATION		9.4.2018	13.4.2018	4
		SPECIFIC ISSUES AND CONCERNS		16.4.2018	20.4.2018	5
		ADULTHOOD		23.4.2018	27.4.2018	5
		OLD AGE,HEALTH AND WELLNESS:PHYSICAL,SOCIAL		1.5.2018	11.5.2018	8
		EMOTIONAL AND RECREATIONAL NEEDS.CARE FOR				
		ELDERLY AND ANGER MANAGEMENT		14.5.2018	15.5.2018	4
	NUTRITION FOR SELF,FAMILY	MEAL PLANNING,PRINCIPLES AND FACTORS AFFECTING		16.5.2018	17.5.2018	4
	AND COMMUNITY	MEAL PLANNING,USE OF BASIC FOOD GROUPS				
		NUTRITIONAL NEEDS,FOOD PREFERENCES,DIET MODIFICATION		2.7.2018	13.7.2018	8
						3

# N. C. JINDAL PUBLIC SCHOOL PUNJABI BAGH, NEW DELHI ANNUAL CURRICULUM

		FACTORS INFLUENCING SELECTION OF FOOD		16.7.2018	21.7.2018	8
		FOOD SAFETY AND QUALITY				
		FOOD ADULTERATION		23.7.2018	27.7.2018	5
		EFFECT OF ADULTERANTS,FOOD STANDARDS		30.7.2018	3.8.2018	8
		THERAPEUTIC MODIFICATION OF NORMAL DIET		3.8.2015	10.8.2018	8
		MODIFICATION OF DIET ACCORDING TO COMMON		13.8.2018	17.8.2018	4
		AILMENT				
	MONEY MANAGRMENT AND	FAMILY INCOME		20.8.2018	24.8.2018	5
	CONSUMER EDUCATION	VARIOUS SOURCES OF FAMILY INCOME		27.8.2018	31.8.2018	6
		SAVINGS AND INVESTMENTS,METHODS OF INVESTMENT		1.9.2018	7.9.2018	8
		BANK SCHEMES,(SAVING,FIXED,RECURRING)				
		POST OFFICE SCHEMES,SENOIR CITIZEN,PPF SCHEME		10.9.2018	11.9.2018	4
		INSURANCE SCHEME				
		CONSUMER PROTECTION AND EDUCATION		1.10.2018	6.10.2018	4
		CONSUMER AIDS ,CONSUMER REDRRRESAL		8.10.2018	12.10.2018	5

# N. C. JINDAL PUBLIC SCHOOL PUNJABI BAGH, NEW DELHI ANNUAL CURRICULUM

	APPAREL DESIGNING, SELECTION AND CARE	APPLICATION OF ELEMENTS OF ART AND PRINCIPLES OF DESIGN		15.10.2018	16.10.2018	3
		SELECTION OF APPAREL. CARE AND MAINTAINANCE OF CLOTHES		23.10.2018	26.10.2018	5
		SELECTION OF CLOTHES		29.10.2018	31.10.2018	3
		STAIN REMOVAL		1.11.2018	3.11.2018	4
		WATER SAFETY, IMPORTANCE OF WATER		5.11.2019	12.11.2019	6
	COMMUNITY DEVELOPMENT AND EXTENSION	SALIENT FEATURES OF INCOME GENERATING SCHEMES		13.11.2019	22.11.2018	8
		DWCRA, MNREGA, CAREER OPTIONS		26.11.2018	30.11.2018	4
		RELATED PRACTICALS		3.12.2018	21.12.2018	18

**N. C. JINDAL PUBLIC SCHOOL PUNJABI BAGH, NEW DELHI** Monday Test Marking Scheme: 2015-2016

Class :	XII	Subject :HOME SCIENCE	
Sl.No.	PERIODIC TEST	Chapter/Topic	Max. Marks
1	16.07.2018	ADOLESCENCE	10
		GROWTH AND DEVELOPMENT	
		,SPECIFIC ISSUES AND CONCERNS	10
		INFLUENCES ON IDENTITY FORMATION	10
		ADULTHOOD,OLD AGE,ANGER MGT	10
2	19.11.2918	APPLICATION OF ELEMENTS OF ART	10
		PRINCIPLES OF DESIGN	10
		SELECTION OF CLOTHES	10
		STAIN REMOVAL	10
3			
			1

**N. C. JINDAL PUBLIC SCHOOL PUNJABI BAGH, NEW DELHI SA/Term/Pre Board Marking  
Scheme: 2015-2016**

Class :	XII	Subject :HOME SCIENCE	
Sl.No.	SA/Term/Pre Board	Chapter/Topic	Max. Marks
1	S.A.I	ADOLESCENCE	20
		NUTRITION FOR SELF AND FAMILY	30
		MONEY MANAGEMENT	20
		PRACTICALS	30
		THEORY	70
		TOTAL MARKS	100
2	PREBOARD EXAMS	HUMAN DEV.:LIFE SPAN APPROACH	30
		NUTRITION FOR SELF AND FAMILY	
		MONEY MGT.	35
		APPAREL DESIGNING	
		COMMUNITY DEV AND EXTENSION	5
		CAREER OPTIONS AFTER H.SC.	
		THEORY MARKS	70